Integrating Supportive and Palliative Care
Nursing and interprofessional healthcare continuing education

General Information
Location: See program description for location. If accessible parking is needed, contact beth.fahlberg@wisc.edu
Times: See program description for start/end times. Onsite check in 30 minutes before start time.
Fee: Program fees include instruction, materials, CEUs, and lunch.
Please make your own travel and lodging arrangements.
Cancellation policy: If you cancel your registration at least three full business days before a program begins, you may be eligible for a full refund minus a $25 administrative fee. If you cancel less than three full business days before the program begins, or do not attend, you are responsible for the entire registration fee.
Continuing Education Units/Approved Hours: See individual program description for CEUs and hours. Participants receive verification of attendance at the end of each program. UW-Madison Division of Continuing Studies is an acceptable continuing education provider for the following:
Nurses: The University of Wisconsin–Madison School of Nursing is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center’s Commission on Accreditation. The University of Wisconsin-Madison School of Nursing, Continuing Education in Nursing is Iowa Board of Nursing provider 350.
American Psychological Association (APA): University of Wisconsin–Madison, Division of Continuing Studies is approved by the American Psychological Association to sponsor continuing education for psychologists. University of Wisconsin-Madison Division of Continuing Studies maintains responsibility for programs and their content.
Social Workers: UW-Madison Division of Continuing Studies (provider #1042) is approved as a provider for social work continuing education by the Association of Social Work Boards (ASWB) www.aswb.org, through the Approved Continuing Education (ACE) program. UW-Madison Division of Continuing Studies maintains responsibility for the program. ASWB Approval Period: April 27, 2013-April 27, 2016. Social workers should contact their regulatory board to determine course approval. Social workers participating in each program will receive six (6) continuing education clock hours. WI, IA, IL, MI, and MN Boards of Social Work recognize ACE programs.
Counselors: UW-Madison Division of Continuing Studies is a National Board for Certified Counselors (NBCC) Approved Continuing Education Provider (ACEP) #5990 and may offer NBCC-approved clock hours for events that meet NBCC requirements. The ACEP solely is responsible for all aspects of the program.
Wisconsin Marriage and Family Therapists: Qualifies as an accredited university continuing education course relevant to professional practice.
Other professions: Completion of each program qualifies for six (6) continuing education hours. Contact your own board or organization for specific continuing education requirements.
Questions? Contact Beth Fahlberg at beth.fahlberg@wisc.edu or 608-890-3628.
If you have a disability and desire accommodations, please contact the UW-Madison Registration Office at 608-262-2451 (Wisconsin Relay 711), 702 Langdon St. The office is open 7:45am-4:30pm, Monday-Friday.
Easing the Burden of Aging and Illness: Integrating Supportive and Palliative Care

Th-F, Feb 4-5, 8:30am-3:30pm on Th; 8:30am-1:30pm on F
First Unitarian Society of Madison,
900 University Bay Dr, Madison, WI
$175 through Jan 15; $225 after
$40 discount for UW Health and Veteran’s Hospital staff
$50 registration cost for students and seniors
9 hours (0.9 CEU); ANCC nursing credits available

OR

T-W, Apr 12-13, 9am-4pm
Olbrich Gardens, 3330 Atwood Ave, Madison, WI
$175 through Mar 15; $225 after
$40 discount for UW Health and Veteran’s Hospital staff
$50 registration cost for students and seniors
11 hours (1.1 CEUs); ANCC nursing credits available

This program incorporates palliative care content, and case studies for an enriching learning experience that will cultivate your assessment, intervention, communication, advocacy, and teamwork skills to prepare you for the most complex clinical situations.

Learning Objectives:
1. Describe the challenges, symptoms, losses, and uncertainties associated with aging and illness.
2. Identify and apply the principles of supportive and palliative care in complex clinical scenarios.
3. Discuss communication approaches to promote effective, empathetic communication.
4. Describe approaches to promoting mental health and strong relationships in the midst of adversity.
5. Identify symptoms common in aging and illness, as well as practical approaches to promote comfort and avoid distress.
6. Explain how a person’s culture, values, preferences, resources, and goals of care may be integrated into the care provided by each member of the team.
7. Describe teamwork and advocacy strategies to promote quality care and doing what’s appropriate in ethical dilemmas.
8. Identify and employ self-care strategies and discuss how self-care may be promoted with patients, family, and caregivers.
9. Describe approaches to facilitating a good death, lasting memories, and healing in the midst of loss.

Beth Fahlberg (PHD, RN, CHPN, AGPCNP-BC) directs aging and supportive and palliative care programs at UW-Madison Continuing Studies. Her healthcare expertise includes aging and chronic, advanced, and serious illness, emphasizing individual and family-centered care, communication, shared decision-making, and advocacy. A former clinical professor in the School of Nursing, her programs build on her teaching expertise and her clinical experience, incorporating engaging discussions, case studies and practical strategies to address the challenges faced in clinical practice.

Promoting Mental Health in Chronic Illness: Integrating Supportive and Palliative Care

T, Mar 8, 9am-4pm
Pyle Center, 702 Langdon St, Madison
$150
6 hours (0.6 CEU)

Chronic illnesses—such as heart failure, COPD, renal failure, and diabetes—present many challenges for aging individuals and their families. They are associated with symptoms, losses, and uncertainty, which negatively impact mental health, feelings of well-being, and quality of life. However, an integrated supportive and palliative care approach can be used by all members of the interprofessional team to promote mental health and other positive outcomes, even in the most challenging situations. During this interactive workshop, we reflect on and examine research findings about the mental health consequences of common chronic illnesses on aging individuals and their families.

Learning Objectives:
1. Describe the mental health consequences of the challenges, symptoms, losses, and uncertainties of chronic illness as experienced by aging individuals and their families.
2. Identify principles of supportive and palliative care, approaches to application in clinical practice.
3. Collaborate with interprofessional team members to develop supportive and palliative plans of care that promote mental health in aging individuals with chronic illness and their families.

Heart Failure: Supportive and Palliative Approaches to Care

Th, Apr 14, 9am-4pm
Olbrich Gardens, 3330 Atwood Ave, Madison, WI
$135
6 hours (0.6 CEU)

Heart failure is a growing concern, impacting more than five million people in the United States. Individuals living with heart failure experience functional limitations, symptoms, emotional concerns, repeated hospitalizations, and uncertainty about the future. This program covers 10 principles of integrated supportive and palliative care in heart failure, applicable in any setting by any interprofessional team member. Evidence- and guideline-based approaches and clinical tools are applied to case scenarios, with facilitated collaborative problem-solving about common barriers and ethical dilemmas encountered in practice.

Learning Objectives:
1. Discuss strategies to integrate principles of supportive and palliative care in heart failure clinical practice.
2. Apply evidence- and guideline-based supportive and palliative approaches and clinical tools to clinical case scenarios.
3. Identify approaches to implement integrated supportive and palliative care principles in the midst of common barriers and ethical dilemmas encountered in heart failure care.

Registration Form

Please register for
Easing the Burden of Aging and Illness: Integrating Supportive and Palliative Care
Th-F, Feb 4-5, $175 through Jan 15; $225 after #2930
T-W, Apr 12-13, $175 through Mar 15; $225 after #2915
There is $40 discount for UW Health and Veteran’s Hospital staff and a flat $50 registration cost for students and seniors. Check below if applicable.

I am a: ☐ UW Health/Veteran’s Hospital staff ☐ Student/Senior

Promoting Mental Health in Chronic Illness: Integrating Supportive and Palliative Care
T, Mar 8, $150 #2928
Heart Failure: Supportive and Palliative Approaches to Care
Th, Apr 14, $135 #2925

– Are you a Certified Counselor through the National Board for Certified Counselors? ☑ Yes / ☐ No
– Are you a psychologist? ☑ Yes / ☐ No

Contact information

NAME
TITLE
ORGANIZATION
MAILING ADDRESS
CITY / STATE / ZIP
PHONE EVENING/CELL PHONE
E-MAIL

Payment method

☐ Please bill my organization at the address above.
☐ Enclosed is my check payable to UW-Madison.
☐ Please charge to the following account:
   ☐ MasterCard ☐ VISA ☐ Am Ex ☐ Discover

CARD NO. EXPiRES
CARDHOLDER’S NAME

Online: continuingstudies.wisc.edu/supportive-palliative-care
Mail to: UW-Madison Cont. Studies Registrations
Pyle Center, 702 Langdon St, Madison, WI 53706-1487
Call: 608-262-2451 or 800-725-9692 (Wisconsin Relay 711)
Fax: 608-265-3163 or 800-741-7146
Phone, fax or online registrations must include payments by credit card or purchase order.